

## Cyber Bullying

On 20<sup>th</sup> September 2024, the Faculty of Law at Baba Mastnath University (BMU) organized a Guest Lecture on Cyber Bullying, aimed at raising awareness among students about the growing issue of cyber bullying and its impact on individuals and society. The lecture, delivered by Dr. Pooja, Assistant Professor at Vaish College of Law, Rohtak, served as a platform for discussing the psychological, legal, and social ramifications of cyber bullying. The event was attended by 67 students, faculty members, and staff from the Faculty of Law, and it provided crucial insights into how individuals can protect themselves and others from this modern menace.



The lecture was inaugurated by Dr. Rahul Goyat, the convener of the event, who introduced the topic and emphasized the importance of understanding cyber bullying in the context of modern digital communication. Dr. Pooja's presentation was an eye-opener for many, as she highlighted the various forms of cyber bullying, including harassment, online shaming, and the spread of false information. She also discussed the legal provisions in place to address cyber bullying and the importance of awareness in preventing such acts.

Dr. Pooja expertly illustrated real-life examples of cyber bullying and its devastating impact on the victims, urging participants to understand the ethical implications of online behavior. She further explained the role of law enforcement in combating cyber bullying and the importance of creating a supportive environment for those affected. Throughout the session,

Dr. Pooja engaged with the audience by answering questions and fostering a dialogue on how the issue can be effectively addressed.



In today's digital age, cyber bullying has become a pervasive problem affecting people of all ages, especially students. This event underscored the urgent need for heightened awareness and education about online safety and the legal mechanisms available to counter cyber harassment. The lecture aimed not only to inform participants but also to inspire them to become responsible digital citizens who can help prevent and address cyber bullying in their communities.



From a societal perspective, this initiative is essential as it empowers individuals to recognize and confront cyber bullying, which has detrimental effects on mental health, personal

relationships, and overall well-being. The event also aligns with the United Nations Sustainable Development Goals (SDGs), particularly SDG 3: Good Health and Well-Being, as it raises awareness about the psychological harm caused by online harassment. Additionally, the discussion on legal frameworks and rights relates to SDG 16: Peace, Justice, and Strong Institutions, promoting justice and the protection of individuals in digital spaces.

The event saw enthusiastic participation from 67 attendees, including students and faculty members. The interactive nature of the session allowed students to voice their concerns and share their experiences regarding cyber bullying. The lecture provided valuable insights into the prevention of cyber bullying, including practical tips on how to deal with such incidents and where to seek help.

The session also empowered students with knowledge about the legal protections available to victims of cyber bullying, encouraging them to act responsibly when using social media and other digital platforms. This engagement contributed to fostering a more informed and proactive student body that is capable of addressing this critical issue in their personal and academic lives.

The guest lecture on Cyber Bullying at Baba Mastnath University was a meaningful and timely initiative aimed at raising awareness about the dangers of cyber harassment and the importance of creating a safer online environment. By engaging students in thoughtful discussions and providing them with practical knowledge, the event contributed to the larger goal of preventing online harassment and promoting ethical behavior in the digital space.

Through such initiatives, BMU reinforces its commitment to social responsibility and awareness, encouraging students to be part of the solution in combating the growing issue of cyber bullying. This lecture not only helped align the university's values with global goals like SDG 3 (Good Health and Well-Being) and SDG 16 (Peace, Justice, and Strong Institutions) but also played a vital role in ensuring that students are better equipped to navigate the digital world in a safe, responsible, and respectful manner.